

HELLO OTHER

Book One – DISCOVERY

By S C Dinsdale

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*“Fear outs when the Truth is out of alignment and
opinions prevail.”*

**Based on historical events, this book is a work of fiction,
because truth is a perspective. Personal details such as
names, age, gender, and circumstances of real people have
been changed in order to maintain confidentiality.**

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Introduction

Dear Reader,

Hello Other documents extraordinary moments in an ordinary life. Jane's story is unapologetically candid, because she is a survivor. Some of you may find her experiences confronting. Jane's tale could trigger uncomfortable emotions and long-buried memories. If this should happen, please take positive action. Seek the immediate support of a trusted listener, and consider talking with a health professional.

Hello Other is a spiritual story, because life is Spirit. Divisions between mind and body are arbitrary, as Jane soon discovers. Beyond discovery, the answers to life's big questions are revealed incrementally. As destiny unfolds, Jane must reconcile her expanding field of awareness, with other souls and soulmates, with whom her journey is aligned.

The gift of life endows us with free will. In every given moment, we have the power to awaken, love, create and share. Alternatively, we may choose to deny, hate and destroy. Learning through observation and experience, Jane steadily develops her acuity for co-creation in everyday life. Her Aries optimism is well balanced by a healthy proportion of realism. Jane knows that sooner or later, healing will occur.

My intention is for Jane's story to inspire others who may not yet be at peace with the past. Releasing unresolved trauma and gaining the freedom to live your best life is more attainable now, than ever before.

I hope that you enjoy reading about Jane's endeavours as much as I am enjoying writing her story.

With Love and Gratitude,

S C Dinsdale.

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PROLOGUE

Who stole my thunder?

'Twas the voice of reason

For the minds of men

To deny nature

Are grave misdeeds

Of biblical proportion

Errors of omission

The cycle of life

All journeys lead home

In the Aquarian age Aries

Descends as Libra rises

The first to arrive

Is last to leave

To know an other

Is to know one Self

All great love stories

End at the beginning

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